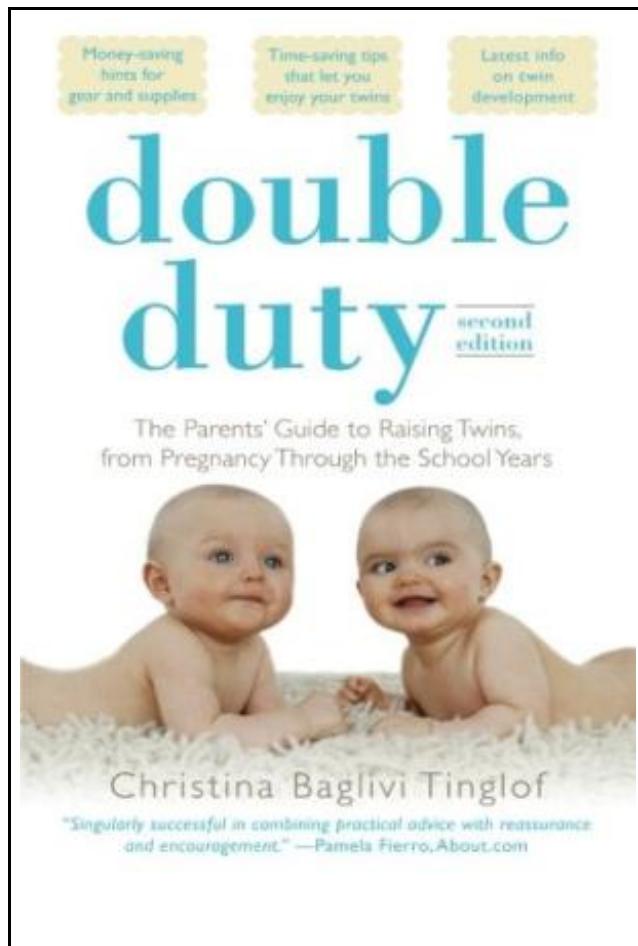


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McGraw-Hill Education - Europe, United States, 2009. Paperback. Book Condition: New. 2nd Revised edition. 222 x 148 mm. Language: English . Brand New Book. Not 10, but 20 fingers and 20 toes! The classic guide to parenting twins-now completely updated and revised! You're excited to hear your baby's heartbeat during the ultrasound. But what happens when you hear two heartbeats instead of one? Having a baby can cause any parent to feel overwhelmed, and with twins those concerns are multiplied by two. Having twins is a unique experience, and expert Christina Tinglof brings you the fully updated essential guide to help you cope with any issue that can arise-from pregnancy through the school years. With multiple pregnancies becoming more common, the second edition of this timely book provides you with the much needed information, practical tips, and strategies for handling the everyday challenges of parenting twins. Double Duty includes: Up-to-date information on diagnosis and treatment of complications common to multiple pregnancies-plus dietary guidelines specific to a twin pregnancy The latest must-have products that simplify day-to-day life Survival tips and trouble-shooting techniques for the critical first month Tips on how to breastfeed or bottle feed two infants at once Money-saving advice for accommodating two new additions to the family The pros and cons of placing twins in the same classroom Advice on how to discourage unhealthy sibling rivalry Includes the TOP FIVE: Exercises for extremely pregnant women Ways to bond with premature babies Baby wardrobe essentials Bedtime strategies Ways to establish each child's individuality/Endorsements for Double Duty 2nd Edition (ISBN: 0071613447) by Christina Baglivi Tinglof Double Duty 2nd Edition is singularly successful in combining practical advice with reassurance and encouragement from seasoned parents of twins. It neither sugar coats nor overstates the challenges, but presents a straightforward picture...

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