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FEED YOUR BRAIN, LOSE YOUR BELLY: A BRAIN SURGEON REVEALS THE WEIGHT-LOSS SECRETS OF THE BRAIN-BELLY CONNECTION



Greenleaf Book Group LLC. Hardback. Book Condition: new. BRAND NEW, Feed Your Brain, Lose Your Belly: A Brain Surgeon Reveals the Weight-Loss Secrets of the Brain-Belly Connection, Larry McCleary, This book offers a breath of fresh air for diet-weary people. The book reveals how to choose heart- and brain-healthy foods to make you thin. The former acting Chief of Paediatric Neurosurgery at Denver Children's Hospital, Dr Larry McCleary became fascinated by the paradox of the fattening of America and the...

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- Authored by Larry McCleary
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