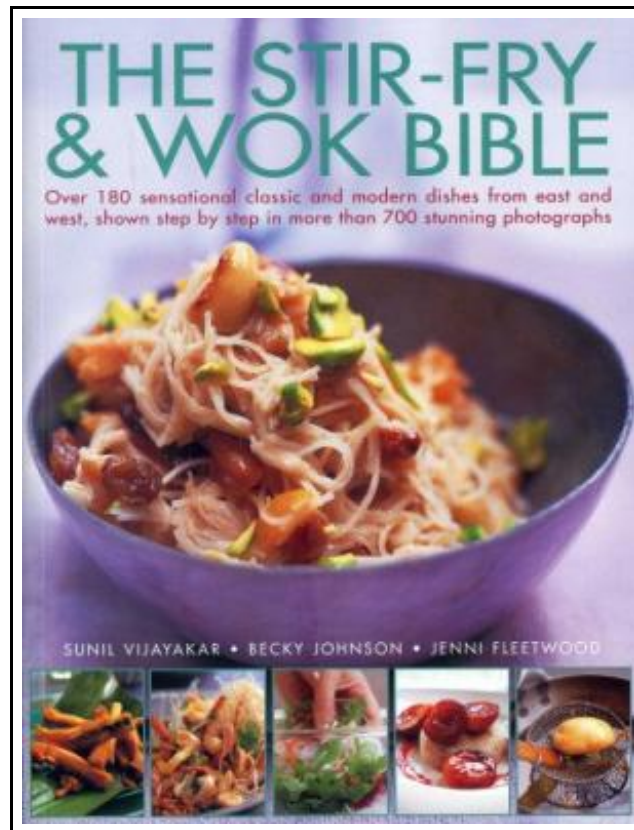


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THE STIR-FRY & WOK BIBLE: OVER 180 SENSATIONAL CLASSIC AND MODERN DISHES FROM EAST AND WEST, SHOWN STEP-BY-STEP IN MORE THAN 700 STUNNING PHOTOGRAPHS



Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Stir-fry & Wok Bible: Over 180 Sensational Classic and Modern Dishes from East and West, Shown Step-by-step in More Than 700 Stunning Photographs, Sunil Vijayakar, Becky Johnson, Jenni Fleetwood, This title features over 180 sensational classic and modern dishes from east and west, shown step-by-step in more than 700 stunning photographs. You can explore the amazing versatility of the wok in this special collection of fabulous dishes. It contains a dish for every occasion, from crisp spring rolls and succulent steamed dim sum to fresh stir-fries, spicy curries and sticky desserts. It includes over 180 recipes from China and South-east Asia, including such wok classics as Crispy Thai Noodle Salad, Chinese Braised Pork, Seafood Tempura, Stir-fried Beef in Oyster Sauce, and Nasi Goreng. It provides expert advice on preparing ingredients and wok techniques, and covers cooking methods from steaming and stir-frying to braising and deep-frying. It contains 750 photographs, step-by-step instructions, cook's tips, and a nutritional breakdown for every recipe. The simple wok is one of the world's oldest and most popular cooking implements. Inspired by its versatility, and the delicious tastes of South-east Asia, this irresistible new book brings together a mouthwatering collection of dishes. An expert introduction provides information on types of wok, its history and other special equipment, as well as practical advice on preparing ingredients and using a wok. There are 180 recipes from a range of culinary traditions from the sweet coconut curries of Southern India to the fiery Thai stir-fries. Every dish is photographed step by step, making it easy to achieve success every time.

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